



8:30-9:00	<i>Arrival/Breakfast</i>
9:00-9:15	Welcome/Introductions/Activity
9:15-10:15	The Body of Christ Lifted on the Cross
10:15-11:15	The Body of Christ Lifted Up at the Altar (part 1)
<i>11:15-11:30</i>	<i>Break and Transition to Church</i>
11:30-12:00	Adoration in Church
<i>12:00-12:45</i>	<i>Lunch (includes transition time back to parish hall)</i>
12:45-1:45	The Body of Christ Lifted Up at the Altar (part 2)
1:45-2:30	The Body of Christ Lifted Up in Community (part 1)
<i>2:30-2:45</i>	<i>Snack break</i>
2:45-3:30	The Body of Christ Lifted Up in Community (part 2)
3:30	Closing/Prayer